Hello friends and family!

On Sunday, October 25th, my classmates and I are raising funds for Rooftop, the public school I attend in San Francisco. At the Run, I will walk, jog, or run around a quarter mile track, and will try to complete as many laps as I can in the one-hour time limit. In my dreams I will complete [insert #of laps] rounds flat - in reality I think it will be more around 25, to give you a sense.

If every student at my school brings in $150, we will raise more than $80,000 - yay! The money we raise will go towards our yoga/mindfulness program, outdoor education, art programming, and basic necessities like school supplies.

Will you please help by sponsoring me? You may choose an amount to pledge for each lap I complete or make a flat donation for my participation. If you choose to pledge by lap, you may want to consider that:

| **Age** | **The Average Child Walks** |
| --- | --- |
| 4-5 | 10-15 laps |
| 6-7 | 12-18 laps |
| 8-10 | 15-20 laps |
| 11-13 | 18-30 laps |

Thank you for your support!

[insert name]